



Kyriaki Protopsalti–Polychroni, M.A., C.G.P., E.A.P., is a Psychologist, Systemic Psychotherapist and Trainer at the Athenian Institute of Anthropos – the first center to practice family therapy in Europe – where she holds a long-standing position on the Scientific Council and Faculty.

She is an Internationally Certified Couple Therapist, Supervisor and Trainer (ICEEFT), specialized in Attachment and Emotionally Focused Therapy (EFT).

She trains and supervises professionals in Systemic Group, Couple and Family Therapy throughout Greece and Europe.

Kyriaki is a Past President of the European Family Therapy Association – EFTA (2010-2013) and a member of the Association since its early founding. She has played a major role in the networking and mutual learning of Family Therapy Trainers in Europe, serving for several years as the Secretary and Vice-Chair of the Chamber of Training Institutes (EFTA-TIC).

Kyriaki is a Member of the American Family Therapy Academy (AFTA). Former Vice-President of the national branch of the European Association of Psychotherapists (E.A.P.). Founding Member of the Hellenic Association of Systemic Therapy (ELESYTH).

Founding Member of the American National Registry of Certified Group Psychotherapists (C.G.P.) and a long-standing Clinical Member of the American Group Psychotherapy Association (A.G.P.A.).

Kyriaki is Joint Editor of “Human Systems”, a long established multidisciplinary European Journal of Systemic Practice.

Areas of specialization:

- *Utilizing Group Processes in Experiential Training in the Systems Approach and in Couple-Family Therapy.*
- *Sociocultural change influencing couples and family functioning, particularly as related to the couple relationship and to the woman’s role.*
- *Emotionally Focused Therapy for Couples and Families (EFT – EFFT)*
- *Understanding intergenerationally transmitted patterns of attachment echoed in partners’ inner voices as a means for facilitating bonding in the couple/family.*

Publication include:

- *A Multi-level, Multi-focal, Multi-voiced Journey: not without family therapy – not with family therapy alone (Springer – EFTA book, in print)*
- *Actualizing inner voices and the group process: Experiential systemic training in personal development (2008),*
- *Inner voices and dialogue in family therapy and systemic training: actualizing sequence and diversity (2004).*

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