

D.O.B 29/01/1971

Vassilis has 27 years of experience as an addiction counselor - family therapist and 25 years of experience as a group therapist. He studied counselling – psychotherapy and management of health organizations and completed his master's degree in Counselling Psychology in England.

In 2000 he founded together with two of his former colleagues the **Centre for Research of Human Behavior**, which is the first private sector organization in the field of addiction and prevention in Greece.

Vassilis has been actively involved in actions regarding prevention, therapy and education of professionals in the health care sector both in Greece and Cyprus.

In 2008 he was honored and awarded for his outstanding contribution in the mental health field by the Minister of health in Cyprus. In 2015 the Centre for Research received an award of being amongst the 15 most influential organizations in Greece regarding their impact to communities (Social impact awards)

In 2002 he began a 10-year training in Systemic approach at the **Athenian Institute of Anthropos**, specializing in family therapy, group therapy, and systemic practice. For the last 10 years, he has a position as a clinical and training associate at the Athenian Institute of Anthropos. He's actively involved in family, one to one and group therapy, supervision to health professionals and teaching in seminars for systemic leadership and organizational growth. He is also a trainer at the AIA Family Therapy training program.

Vassilis is a clinically certified member of the American Group Psychotherapy Association (AGPA-CGP) and a member of the European Family Therapy Association (EFTA), as well as a member of several addiction professionals' organizations.

Vassilis has an intimate relationship with music. Since he was 8 years he has been studying, composing and performing as a classical and electric guitarist in many different levels and contexts. Musicality is always an integral part of his that is emphasized within his therapeutic and educational work with Anthropos.