



European Family Therapy Association  
Training Institutes' Chamber



Athenian Institute of Anthropos  
60th Anniversary

## 13<sup>th</sup> EFTA-TIC Meeting of Trainers

*Fostering Connection in a Fragmented  
World: Interweaving family, group and  
community training*

### Scientific Program

*September 29<sup>th</sup> & 30<sup>th</sup>, October 1<sup>st</sup>, 2023  
Athens, Greece*

European Family Therapy Association  
Training Institutes' Chamber

[www.europeanfamilytherapy.eu](http://www.europeanfamilytherapy.eu)

## Friday, September 29<sup>th</sup>, 2023

12 pm– 5pm

**Registration & Welcome**

5 pm – 6 pm

**Opening**

**Auditorium  
&  
Main Hall**

**Nevena Calovska-Herzog** – Chair EFTA-TIC  
**Dionysis Sakkas** – Director Athenian Institute of  
Anthropos  
**Umberta Telfener** – EFTA President

**Warm-up**

**Kyriaki Polychroni** – Honorary Chair EFTA-TIC,  
Scientific Council Athenian Institute of Anthropos

6 pm – 8 pm  
**Auditorium  
&  
Main Hall**

**Keynote (online): “Systemic Psychotherapy and  
Training: A Long Experiential Journey”**  
**Karl Tomm**, Calgary Family Therapy Centre, Canada  
Chair: **Kyriaki Polychroni**, Greece

## Saturday, September 30<sup>th</sup>, 2023

9 am – 11 am

**Round Table: “Is Family Therapy & Training Enough  
in Today’s Reality?”**

**Auditorium  
&  
Main Hall**

Speakers: **Elena Ceuca** (Romania), **Vassilis  
Charalambopoulos** (Greece), **Teresa Moratalla** (Spain),  
**Efrossyni Moureli** (Greece)  
Chair: **Nevena Calovska-Herzog**, Serbia  
Discussant: **Umberta Telfener**, Italy

11 am – 11:30 am

**Coffee Break**

11:30 am – 1 pm

**Parallel Workshops & Oral Presentations**

**Auditorium**

**WS: “Words and Wrongs in Network Family Therapy  
for Incestuous families”**  
- **Martine Nisse**, Centre des Buttes-Chaumont, France

11:30 am – 1 pm **Parallel Workshops & Oral Presentations**

**Main Hall**

**WS: “Fostering Therapists’ Awareness and Integration of Emotional Inner Voices:**

***Experiential Training and Supervision”***

- Kyriaki Polychroni, Sofia Athanasiadou, Dimitra Kotorou, Pavlos Salichos, Kostas Papachristopoulos, Electra Stefanou, Athenian Institute of Anthropos, Greece

**Room 1**

**WS: “A systemic vision of space and time: Implications for training and therapy”**

- Maurizio Frisina, EFTA CIM & General Board, Belgium

**Room 2**

**WS: “Working in therapy, training and supervision with sewing buttons as a metaphorical tool”**

- Marie Jeanne Schon, Institut Luxembourgeois de Pensée Systémique et de Thérapie Familiale, Luxembourg, IFISAM, Belgium

**Room 3**

**WS: “SCF: scribble Caruso-Foà How to observe interaction in couple, family, group”**

- Antonio Caruso, Valentina Iori, Centro Panta Rei, Italy

**Room 5**

**WS: “Family and Evolutional Crises:**

***Interweaving the Fragments of Family Story”***

- Panagiotis Chrysos, Efstratia Karagianni, Eleni Kitraki, Angeliki Maraki, Terpsichori Tzouliadaki, Kalliopi Tsirika, Ergastirion of Systemic Thinking and Training, Greece

## Room 6

**WS:** *“An Open Systems Approach to Supervision in Family and Couples Therapy”*

- Panagiota Theodorou, Ersi Kouneli, Ioannis K. Tsegos, Institute of Family Therapy of the Open Psychotherapy Centre, Greece

## Room 7

**OP:** *“Incorporating the ideas of empathy, compassion, and polyphony in the dialogue of group supervision: theoretical formulations in a case study”*

- Tsabika Bafiti, Athena Androutopoulou, George Kalarritis, Logo Psychis, Greece

**OP:** *“Elements of Art-Therapy in The Systemic Work”*

- Daniel Muranyi, Oana Dau Gaspar, Asociatia de Terapie Familiala si de Cuplu Timisoara, Romania

1pm – 2:30 pm

**Lunch Break**

1pm – 2 pm  
**Auditorium**

**General Assembly EFTA-TIC**

2:30 pm – 4 pm

**Parallel Workshops & Oral Presentations**

**Auditorium**

**WS:** *“The therapist’s body as a historical – social – political -emotional and mental archive”*

- Ilias Gotsis, Mirella Korobilia, Synixiseis, Greece

**Main Hall**

**WS:** *“Time to Change: On Becoming Influential Masterful Therapists in the Digital Era, Mixed Realities and Challenging Social Phenomena— Implications for Training”*

- Noga Nabarro, SHINUI, Israel

2:30 pm – 4 pm

**Parallel Workshops & Oral Presentations**

**Room 1**

**WS:** *“Supervision in training, training in supervision and supervision as continuous learning: Connecting systems”*

- Valeria Pomini, Ivy Daure, Maurizio Frisina, UMHRI, Greece

**Room 2**

**WS:** *“Homo sum, humani nihil a me alieno puto (I am human and I think nothing human is alien - to me), Terence”*

- Maria Laura Vittori, Rita Accettura, Francesca De Gregorio, Sara Gentilezza, I.E.F.Co.S., Italy

**Room 3**

**WS:** *“Fostering connection and Kairos moments within clinical supervision: Eliciting experiences of transformative learning”*

- Karen Bishop Institute of Family Therapy Malta, Malta

**Room 5**

**WS:** *“Four dimensions of change in psychotherapy”*

- Marcel Nedelcu, Institutul Pentru Cuplu si Familie Iasi, Romania

**Room 6**

**WS:** *“Reduction of biological dimension of psychosomatic disorders using Human Systems Therapy”*

- Sarah Nashashibi, Nicholas Paritsis, Grigoris Markopoulos, Center for the study of bettering and therapy of human systems, Greece

**Room 7**

**OP:** *“Training and Milan Approach. Tools and templates for a curious Therapist”*

- Vincenzo De Bustis Ficarola, Giacomina Morante, Milan Family Therapy Center, Italy

**OP: “Why We Become Family Therapists: The Skynnerian View”**

- Antonis Kelakis, Charalambos Sidiropoulos, Ioannis K. Tsegos, Institute of family Therapy of the Open Psychotherapy Centre, Greece

4 pm – 4:30 pm

**Coffee Break**

4:30 pm - 6 pm

**Parallel Workshops & Oral Presentations**

**Auditorium**

**WS: “Irreverence as a learning process in current systemic Training”**

- Fany Triantafillou, Giorgos Polymerou, Kelly Patrikou, Institute of Systemic Thinking and Psychotherapy, Greece

**Main Hall**

**WS: “Community as a Systemic Therapists’ Training Agent”**

- Mina Polemi-Todoulou, George Gournas, Maria Giourgi, Giannis Panagopoulos, Barbara Stefanakou, Eirini Todoulou, Athenian Institute of Anthropos, Greece

**Room 1**

**WS: “Connecting the unconnectable, theory and techniques beyond”**

- Sara Iwanir, Haviva Ayal, Focus Institute, Israel

**Room 2**

**WS: “Talking about loss and grief. The professional’s grieving process”**

- Kia Thanopoulou, Family Therapy Unit (PHA), Greece

**Room 3**

**WS: “Emotional Map of the Home Interview – experience mapping for systemic practice”**

- Viola Sallay, Tamás Martos, Hungarian Family Therapy Association, University of Szeged, Hungary

4:30 pm – 6 pm

## Parallel Workshops & Oral Presentations

### Room 5

**OP: “From E-motion to...Co-motion: searching complexity and fostering connection”**

- Elena Karkazi, Systemic Approach & Family Therapy Institute, Greece

**OP: “Challenges of Creating a Context for Learning Psychotherapy”**

- Nikola Serdarević, Ilinka Serdarević, Association for the Cybernetics of Psychotherapy and Organisation, Croatia

### Room 7

**OP: “Mobility and migration: Rethinking systemic training in times of globalization”**

- Ivy Daure<sup>(1)</sup>, Maria Borcsa<sup>(2)</sup>, Association Ceisme, Centre d'Etudes et d'Interventions, Systemiques et de Methodologie en Ergotherapie, France <sup>(1)</sup>, University of Applied Sciences Nordhausen, Germany <sup>(2)</sup>

**OP: “Dialogic and collaborative practices in systemic training and supervision – experiences from the Portuguese Training program”**

- Joana Sequeira, Ana Paula Apolonia, Ines Pimentel, Sofia Nunes da Silva, Maria Emanuel Amorim, Portuguese Society of Family Therapy, Portugal

6 pm – 6:30 pm

### Auditorium

## Inter-workshop Exchange

8 pm

## Dinner (upon registration)

## Sunday, October 1<sup>st</sup>, 2023

9:30 am –  
11:30 am

**Auditorium  
&  
Main Hall**

### **Round Table: “Experiential Processes and Research in Training and Supervision”**

Presenters: Noga Nabarro (Israel), Valerie O’Brien (Ireland), Mina Polemi-Todoulou (Greece), Radmilla Vulic-Bojovic (Serbia)

Discussant: Joana Sequeira, Portugal

Chair: Slavica Gajdadzis-Knezhevijkj, North Macedonia

11:30 am – 12 pm

### **Coffee Break**

12 pm – 1:30 pm

### **Parallel Workshops & Oral Presentations**

**Auditorium**

#### **WS: “Discover the power of resonance: A Systemic Experiential Approach”**

- Eric Trappeniers, Institut d' Etudes de la Famille, France

**Main Hall**

#### **WS: “Just fostering connection”**

- Elena Ceuca, Institutul pentru Cuplu si Familie, Romania

**Room 1**

#### **WS: “A Gift from your Unconscious through GIFT - a Postmodern Technique, suitable for Work with Communities in the Pivotal Time we live in”**

- Roumen Georgiev, Jenia Georgieva, Family Psycho-Social Institute, Bulgaria

**Room 2**

#### **WS: “Works of art as tools and initiators of the individuals’ inner state and current phase in the therapeutic and training process: a systemic, neuroscientific approach”**

- Maria Pirounaki Lioni, Elena Stolaki, Afrodite Papaioannou, Dimitris Priftis, Vasiliki Vassara, Penny Papazoglou, Laboratory for the Study of Human Relations, Greece



12 pm – 1:30 pm **Parallel Workshops & Oral Presentations**

**Room 3** **WS:** *“The challenge of therapist’s integration according to the existential systemic approach”*

- Antonia Tsakali, Lida Michailidou, Foteini Bei, Antistixi, Greece

**Room 5** **WS:** *“What’s your roadmap?”*

- Rita Accettura, Maria Laura Vittori, Giovanni di Cesare, Francesca De Gregorio, I.E.F.Co.S., Italy

**Room 6** **WS:** *“The usage of (dysfunctional) family roles in systemic therapy”*

- Nikoleta – Nektaria Boultadaki, Systemic Education, Greece

**Room 7** **OP:** *“The differences in training between the choice of weekly and weekend trainings”*

- Olivia Pagano, Dedalus Roma, Italy

**OP:** *“Can paleologic be a unifying ground for many techniques of systems and family therapy?”*

- Nicholas Paritsis, Center for the study of bettering and therapy of human systems, Greece

1:30 pm –  
2:00 pm **Inter-workshop Exchange  
Closing**

**Auditorium**

# EFTA-TIC Chamber

**Members:** 144 Training Institutes from 29 Countries

## **Board:**

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Nevena Calovska Hertzog  
Association of Systemic Therapists, Serbia

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### **Honorary Chair**

Kyriaki Polychroni  
Athenian Institute of Anthropos, Greece

*The EFTA-TIC Board wishes to thank the  
Athenian Institute of Anthropos  
for their overall support in the organization of our meeting.*